REFERRAL FORM

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BALLARAT | GEELONG | HAMILTON | SUNSHINE | WARRNAMBOOL | HOBART

PATIENT DETAILS

Name

Address

Date of birth

Phone

SLEEP SERVICES

- [ ] Specialist Consultation
- [ ] Home Sleep Test
- [ ] ASV Sleep Test
- [ ] Bi-Level Sleep Test
- [ ] Light Therapy
- [ ] CPAP Therapy
- [ ] Review Sleep Test
- [ ] MSLT Sleep Test
- [ ] TCC02 Sleep Test
- [ ] CPAP Titration Test
- [ ] Diagnostic Sleep Test
- [ ] MWT Sleep Test
- [ ] Oxygen Titration Test

~Please complete the Stop Bang Questionnaire and Epworth Sleepiness Scale on the back of this page.~

SYMPTOMS & SLEEP HISTORY

- [ ] Snoring
- [ ] Insomnia
- [ ] Restless Legs/Abnormal Limb Movements
- [ ] Excessive Daytime Sleepiness
- [ ] Witnessed Apneas

RESPIRATORY SERVICES

- [ ] Specialist Consultation
- [ ] Bronchial Provocation (Mannitol)
- [ ] Spirometry
- [ ] 6 Minute Walk Test
- [ ] Gas Transfer (DLCO/TLCO/CO Diffusion)
- [ ] Bronchodilator Response (Salbutamol)
- [ ] Lung Volumes (Plethysmography)
- [ ] Maximal Inspiratory & Expiratory Pressures

PERIOPERATIVE AND OTHER MEDICAL SERVICES

- [ ] General Medicine Consultation
- [ ] Perioperative Optimisation
- [ ] Diabetes Management
- [ ] Heart Failure Management
- [ ] Oncology Consultation
- [ ] Metabolic Syndrome Management

COMORBIDITIES & OTHER MEDICAL HISTORY

- [ ] Asthma/COPD
- [ ] Diabetes
- [ ] Obesity
- [ ] Hypertension
- [ ] Cigarette Smoker
- [ ] Heart Disease
- [ ] Further Notes Attached

CLINICAL NOTES

REFERRER DETAILS

Signature

Address

Name

Provider No.

Date

Phone

AVAILABLE SERVICES BY LOCATION

		BALLARAT 1101 Howitt Street Wendouree, VIC 3355	GEELONG Epworth Hospital Suite 6.10, 1 Epworth Place Waurn Ponds, VIC 3216	HAMILTON 3 Kitchener Street Hamilton, VIC 3300	HOBART 8 Knopwood Street Battery Point, TAS 7004	SUNSHINE Sunshine Private Hospital Suite 5.2, 145 Furlong Road St Albans, VIC 3021	WARRNAMBOOL 2 Fitzroy Road Warrnambool, VIC 3280
SLEEP	Specialist Consultation	✓	✓	✓	✓	✓	✓
	Home Sleep Test	✓				✓	✓
	Diagnostic Sleep Test	✓		✓		✓	✓
	Review Sleep Test	✓		✓		✓	✓
	CPAP Therapy	✓					✓
	CPAP Titration Test	✓		✓		✓	✓
	Bi-Level Sleep Test	✓					
	Light Therapy	✓	✓	✓	✓	✓	✓
	Adaptive Servo Ventilation (ASV) Sleep Test	✓					
	Multiple Sleep Latency Test (MSLT)	✓		✓		✓	
	Maintenance of Wakefulness Test (MWT)	✓		✓		✓	
	Oxygen Titration Sleep Test	✓		✓			
	Transcutaneous Carbon Dioxide (TCCO2) Sleep Test	✓					
RESPIRATORY	Specialist Consultation	✓	✓		✓	✓	✓
	Lung Volumes (Plethysmography)	✓					
	6 Minute Walk Test	✓				✓	✓
	Bronchial Provocation (Mannitol)	✓				✓	✓
	Gas Transfer (DLCO/TLCO/CO Diffusion)	✓				✓	✓
	Maximal Inspiratory & Expiratory Pressures (MIPS/MEPS)	✓				✓	✓
	Spirometry	✓				✓	✓
	Bronchodilator Response (Salbutamol)	✓				✓	✓
PERIOPERATIVE / OTHER MEDICAL	General Medicine Consultation	✓				✓	
	Oncology Consultation	✓				✓	
	Perioperative Optimisation	✓				✓	
	Heart Failure Management	✓				✓	
	Diabetes Management	✓				✓	
	Metabolic Syndrome Management	✓				✓	

Please complete these questionnaires if you are being referred for sleep services.

STOP BANG QUESTIONNAIRE (SBQ)

PLEASE TICK ALL THAT APPLIES.
EACH TICK EQUALS ONE SCORE.

Does the patient SNORE loudly?	
Does the patient often feel TIRED, fatigued, or sleep during daytime?	
Has anyone OBSERVED the patient stop breathing during sleep?	
Does the patient have or is the pateint being treated for high blood pressure?	
Does the patient have a BMI more than 35?	
AGE over 50 years old?	
NECK circumference (shirt size) more than 40cm / 16 inches?	
Is the patient a MALE?	
TOTAL SCORE	

EPWORTH SLEEPINESS SCALE (ESS)

HOW LIKELY IS THE PATIENT TO DOZE OFF? TICK ONE BOX FROM EACH ROW.	SCORE (TICK ONE) 0	1	2	3
Sitting and reading				
Watching television				
Sitting inactive in a public place (eg. threatre or meeting)				
As a passenger in a car for an hour without a break				
Lying down in the afternoon when circumstances permit				
Sitting and talking to someone				
Sitting quietly after lunch without alcohol				
In a car, while stopped for a few minutes in traffic				
TOTAL SCORE (add up all boxes ticked)				